5 Rivers, Cedar Rapids (5RIV) 319-365-9519

Janua	ary 202	5			Skill Enhanceme	nt Schedule
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
			NEW YEAR'S DAY			
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

\*\*Requirements: Union Card, Hard Hat, safety glasses, and work boots.

\*\*All classes are taught in English unless noted otherwise.

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

FRIDAY					
	THURSDAY	WEDNESDAY	TUESDAY	MONDAY	SUNDAY
31	30	29	28	27	26
7	6	5	4	3	2
	m-9:00pm	Station: Mon-Fri, 5:00p	Total		
14	13	12	11	10	9
21	20	19	18	17	16
m and Sat, 8:00am-4	s-Fri, 5:00pm-9:00p				
28	27	26	25	24	23
00pm	: Tues-Fri, 5:00pm-9:	Scaffold 40 Continued:			
	: Tues-Fri, 5:00pm-9:	Scaffold 40 Continued:		24	23
	21 m and Sat, 8:00am-4	m-9:00pm  13  14  20  21  s-Fri, 5:00pm-9:00pm and Sat, 8:00am-4  27  28  Tues-Fri, 5:00pm-9:00pm	Station: Mon-Fri, 5:00pm-9:00pm	Total Station: Mon-Fri, 5:00pm-9:00pm  11 12 13 14  18 19 20 21  Scaffold 40 Hours: Tues-Fri, 5:00pm-9:00pm and Sat, 8:00am-4  25 26 27 28	Total Station: Mon-Fri, 5:00pm-9:00pm  10

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
24	25	26	27	28	1
3	4	5	6	7	8
10	11	12	13	14	15
	IC	RA: Tues-Thur, 5:00pm-	9:00pm		
17	18	19	20	21	22
	ICRA Co	ontinued: Tues-Thur, 5:0			
24	25	26	27	28	29
	24 3 10	24 25  3 4  First A Tues-Wed  10 11  IC  17 18	24   25   26	24   25   26   27	24   25   26   27   28

\*\*All classes are taught in English unless noted otherwise.

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

	2025				Skill Enhanceme	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
			Hazcom/Cl	nemical Safety:		
				5:00pm-9:00pm		
6	7	8	9	10	11	12
13	14	15	16	17	18	19
		OSHA	A 30: Tues-Thur, 5:00pr	n-10:00pm		
20	21	22	23	24	25	26
	05114.70	Sambinus de Nam NA/a d	F-00 10-00	000775	AL CAREER FAIR	
	OSHA 30 (	Continued: Mon-Wed,	5:00pm-10:00pm	PORIZE	N CAREER FAIR	
27	28	29	30	1	2	3

\*\*Requirements: Union Card, Hard Hat, safety glasses, and work boots.

\*\*All classes are taught in English unless noted otherwise.

Jerry Alander Campus (JA) 218-729-9003

May 2	2025				Skill Enhanceme	ent Schedule
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
			ALL STAFF WEEK			
25	26	27	28	29	30	31
	MEMORIAL DAY					
			ion Card, Hard Hat, safety gla			

<sup>\*\*</sup>Classes will be cancelled if the minimum attendance requirement is not met.

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

June	2025		Skill Enhanceme				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1	2	3	4	5	6	7	
		Rigging Qualification (V	Vritten and Practical)	: Mon-Fri, 5:00pm-9	00pm		
8	9	10	11	12	13	14	
		Rigging (	Qualification Continu	ed: Tues-Fri, 5:00pm	-9:00pm and Sat, 8:00	am-4:00pm	
15	16	17	18	19	20	21	
		PITO: Tues-Wed	l, 5:00pm-9:00pm	MEWPS: Thur-	Fri, 5:00pm-9:00pm		
22	23	24	25	26	27	28	
22	23	24	25	26	27	28	
22	30	1	25	3	<b>27</b>	<b>28</b>	
		1					
		1					

\*\*All classes are taught in English unless noted otherwise.

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

July 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	10ESDAY	2	3	4	5 5
23	30	'	2	3	INDEPENDENCE DAY	3
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

\*\*Requirements: Union Card, Hard Hat, safety glasses, and work boots.

\*\*All classes are taught in English unless noted otherwise.

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3	4	5	6	7	8	9
3	-	3		,		
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

\*\*All classes are taught in English unless noted otherwise.

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
	LABOR DAY					
7	8	9	10	11	12	13
			d 40 Refresher: , 5:00pm-9:00pm			
14	15	16	17	18	19	20
		МІІ	DWESTERN CONFEREN	CE - TTT		
21	22	23	24	25	26	27
28	29	30	1	2	3	4

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

	oer 202					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1	2	3	4
		Solid Surfac	e Installer: Mon-Fri, 5	00pm-9:00pm		
5	6	7	8	9	10	11
		First Aid Tues-Wed, 5				
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

\*\*All classes are taught in English unless noted otherwise.

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

	mber 2					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9 10	10	11	12	13	14	15
			Interior Systems Layou	t: Tues-Fri, 5:00pm-9	0:00pm	
16	17	18	19	20	21	22
			Chemical Safety: I, 5:00pm-9:00pm			
23	24	25	26	27	28	29
				THAN	IKSGIVING	

<sup>\*\*</sup>All classes are taught in English unless noted otherwise.

<sup>\*\*</sup>Classes will be cancelled if the minimum attendance requirement is not met.

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

Dece	mber 2	025		Skill Enhancement Schedule			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
30	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
			CHRISTMAS EVE	CHRISTMAS DAY			
28	29	30	31	1	2	3	
			NEW VEARIGES (				
			NEW YEAR'S EVE				

\*\*Requirements: Union Card, Hard Hat, safety glasses, and work boots.

\*\*All classes are taught in English unless noted otherwise.

# **5 Rivers Skill Enhancement Classes**

# **Armstrong Wall and Ceiling System:**

12-hour course. This class works with quick stick, soffit gigs, radius domes, drywall grid and suspended light cove framing.

Course offered: upon request

### **Blueprint Reading-Advanced:**

8-hour course. A more in-depth look at prints, how to do advanced layout, possible intro to electronic print reading, and how to transfer information to shop floor.

Prerequisite: Some experience with

blueprints

Expiration: None

Course offered: upon request

### **Blueprint Reading-Basic:**

8-hour course. This class covers general procedures, basic skills, and the necessary tools and materials needed to lay out a building. The architectural lines and symbols shown on site plan prints which are necessary to facilitate layout are also discussed

Prerequisite: None

Expiration: None

Course offered: upon request

### **Construction Fall Protection:**

8-hour course. This Construction Fall Protection class addresses safety requirements when working from an elevated area and covers how to recognize and properly address hazards in our industry.

Prerequisite: None

**Expiration: None** 

Course offered: upon request

# **Construction Master Pro:**

8-hour class. The Construction Master Pro teaches the use of the calculator to solve practically any problem involving measurements and can be used to save time and prevent errors. During the class you will perform common building projects such as estimating concrete volume, squaring-up foundations, framing roofs, ordering lumber, and many other projects. Calculator and workbook are available for purchase.

Course offered: upon request

### **Construction Math/Radius:**

8-hour course. This class covers radius math, how to layout radius without a center point. Also covers elliptical and octagon layout.

**Prerequisite**: Math for the Trades

Expiration: None

Course offered: upon request

#### **Controlling Contaminates:**

24-hour course. This local class will cover best practices when working in the Food, Beverage, Pharmaceutical production facilities. The focus being the control techniques & protocols to be used where customer production continues with construction happening onsite.

Course offered: upon request

### **Door Hardware 1:**

24-hour course. The classroom will cover the order of installation, different types of hardware, as well NFPA and ANSI codes. On the floor you will layout, prep, and install cylinder and mortise locks. You will also install a rim exit device, trim, and closer.

Course offered: upon request

# **5 Rivers Skill Enhancement Classes**

# **EPIC (formerly Pro 10)**

10-hour course. Professionalism, communication, diversity, Union history, safety, and "Big Picture".

Course offered: upon request

### First Aid, CPR, AED(ECSI (CITF)):

8-hour course. This class provides a First Aid/CPR/AED qualification.

Prerequisite: None

Expiration: 2 years

Course offered: 3/4-3/5, 10/7-10/8

### Hazcom/Chemical Safety (CITF):

8-hour course. This class is a revision of the OSHA manual, Material Safety Data Sheets. The focus in this revision is broader: chemical hazards and safety precautions are thoroughly discussed along with hazard recognition and chemical hazard protection.

Prerequisite: None

Expiration: None

Course offered: 4/2-4/3, 11/18-11/19

# ICRA Best Practice in Health Care Construction (CITF):

24-hour course. This class promotes the importance of infection control and outlines protection methods and safe work practices for those who perform construction work in these facilities.

Prerequisite: None

Expiration: 4 years

<u>Course offered</u>: 3/11-3/20

# ICRA Best Practice in Health Care Construction Refresher:

8-hour course. This class refreshes/reviews the 24-hour ICRA course.

Prerequisite: ICRA Best Practice in Health

Care Construction

Expiration: 4 years

Course offered: upon request

### **Interior Systems Layout:**

24-hour course. This workshop uses the newly developed Interior Systems Layout student manual. Training methods, shop set-up, student math worksheets and job sheets will be included. Layout of angles, octagons, segmental, elliptical arches using a tape measure, chalk box and a \$5.00 calculator. The layout methods learned can be applied to all areas of the carpentry trade.

Prerequisite: None

Expiration: None

Course offered: upon request

#### Math for the Trades:

8-hour course. This class is a basic treatment of trade math beginning with general math, fractions, and decimals.

Prerequisite: None

**Expiration**: None

Course offered: upon request

# **5 Rivers Skill Enhancement Classes**

# MEWP's (CITF):

8-hour course. Formally known as aerial lift, covers safety issues and guidelines for mobile elevating work platforms that can be driven in an extended position and moves both inside and outside tipping lines. Class includes classroom theory, 50 question exam, and the required practical for Group A, Type 3 and Group B, Type 3. This class is the ANSI approved training for Mobile Elevated Work Platform operation.

<u>Course offered</u>: **6/19-6/20** 

### **OSHA 10:**

10-hour course. This course covers a basic OSHA overview, rights and responsibilities of employer and employee- 29CFR1926

Prerequisite: None

Expiration: None

Course offered: upon request

# OSHA 30 (CITF):

30-hour course. This course covers a more in-depth examination of OSHA standards, rights and responsibilities of employer and employee- 29CFR1926

Prerequisite: None

Expiration: None

Course offered: 4/15-4/23

### PITO Industrial (CITF):

8-hour course. This class introduces many kinds of lift trucks—their components and applications. The text focuses on industrial lift trucks.

Course offered: upon request

### **PITO Refresher:**

Minimum 1 hour per student. Members must be observed by a qualified instructor inspecting the work area, inspecting a forklift, and driving a forklift prior to expiring. This class refreshes either the Industrial, the Rough Terrain, or both.

Prerequisite: Current 8hr Industrial and/or 8hr Rough Terrain qualification

Course offered: upon request

### PITO Rough Terrain (CITF):

8-hour course. This class introduces many kinds of lift trucks—their components and applications. The text focuses on rough terrain lift trucks.

Course offered: 6/17-6/18

# Rigging Qualification (Written and Practical):

40-hour course. This class introduces and supports the hands-on portion of the Rigging and Signaling course. An introductory chapter on the history of rigging is followed by chapters on safety, wire rope, chain construction, slings, hardware, and knot-tying techniques.

Prerequisite: None

Course offered: 6/2-6/14

### **Rigging Refresher:**

16-hour course. This class refreshes 40 hour Rigging Course

Prerequisite: Rigging 40 hr.

Expiration: 4 years

Course offered: upon request

# **5 Rivers Skill Enhancement Classes**

### Scaffold 40 (CITF):

40-hour course. This class provides clarification of the roles of a competent person and a qualified person and presents training requirements for erectors, dismantlers, and users. Information and guidance are given for calculating capacity and contributory leg loads.

Prerequisite: None

Expiration: 4 years

Course offered: 2/18-2/28

### Scaffold 40 Refresher:

8-hour course. This class refreshes/reviews scaffold 40-hour class

Prerequisite: Scaffold 40

Expiration: 4 years

Course offered: 9/9-9/10

### Silica Awareness:

2 hours course. This class covers understanding the hazards of silica, with an overview of OSHA Construction silica final rule.

Course offered: upon request

### **Solid Surface (CITF):**

12-hour course. The Solid Surfaces class provides in-depth instruction in the technical aspects of working with solid surface material. The course covers epoxy, joining solid surfaces and proper surface finishing.

Prerequisite: Minimum 3rd year

apprentice

Expiration: 4 years

Course offered: 9/29-10/3

# **Spectra Precision QML-800:**

8-hour course. Digital blueprint reading and layout procedures.

Course offered: upon request

### Stepping Up to Foreman:

8-hour course. This class allows participants to learn about the responsibilities of UBC Foreman. The skills required of foremen, such as communication, job planning, scheduling, completing reports, and managing a crew are all discussed.

Prerequisite: None

Expiration: None

Course offered: upon request

#### **Total Station:**

20-hour course. Covers a combination of Total Station I and II. It will begin with a review of the fundamental workings of the total station and how building quadrants are established. The second day will cover the capabilities and functions of the total station layout equipment.

Course offered: 2/3-2/7