5 Rivers, Cedar Rapids (5RIV) 319-365-9519

Janua	ary 202	4			Skill Enhanceme	ent Schedule			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
31	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	31	1	2	3			
	**Requirements: Union Card, Hard Hat, safety glasses, and work boots. **All classes are taught in English unless noted otherwise. **Classes will be cancelled if the minimum attendance requirement is not met.								

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

February 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
28	29	30	31	1	2	3			
4	5	6	7	8	9	10			
		Total St	tation: Mon-Fri, 5:00pn	n-9:00pm					
11	12	13	14	15	16	17			
- 11	12	15	1-4	15	10	17			
18	19	20	21	22	23	24			
					-				
		S	caffold 40 Hours: Tues	s-Fri, 5:00pm-9:00pm	and Sat, 8:00am-4:00)pm			
			I	I	1				
25	26	27	28	29	1	2			
					_				
		Scaffold 40 Continued: Tues-Fri, 5:00pm-9:00pm							
		**Dequirements: Un	ion Card, Hard Hat, safety gla	asses and work boots					
	**All classes are taught in English unless noted otherwise. **Classes will be cancelled if the minimum attendance requirement is not met.								

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

March 2024

						I
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	1	2
3	4	5	6	7	8	9
		First Aid	, CPR, AED:			
			:00pm-9:00pm			
10	11	12	13	14	15	16
17	18	19	20	21	22	23
17	10	19	20	21	22	25
			: Tues-Thur, 5:00pm-9			
		ICRA	. rues-mur, s.oopm-s	.oopin		
24	25	26	27	28	29	30
			·			
		ICRA Cont	inued: Tues-Thur, 5:00)pm-9:00pm		
			ion Card, Hard Hat, safety gla			
			e taught in English unless n			
		**Classes will be cancelle	d if the minimum attendanc	e requirement is not met		

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

April	2024
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MONDAY									
MONDAT	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
1	2	3	4	5	6				
8	9	10	11	12	13				
15	16	17	18	19	20				
	OSHA 30): Tues-Thur, 5:00pm-							
22	23	24	25	26	27				
OSHA 30 Cont	inued: Mon-Wed, 5:0	0pm-10:00pm							
29	30	1	2	3	4				
**Requirements: Union Card, Hard Hat, safety glasses, and work boots.									
**All classes are taught in English unless noted otherwise.									
**Classes will be cancelled if the minimum attendance requirement is not met.									
	8 15 22 OSHA 30 Cont	8 9 8 9 15 16 15 16 22 23 0SHA 30 Contrued: Mon-Wed, 5:0 29 30 29 30 **Requirements: Unio **All classes are	8 9 10 8 9 10 15 16 17 15 16 17 22 23 24 OSHA 30 Continued: Mon-Wed, 5::00pm-10:00pm 29 30 1 **Requirements: Union Card, Hard Hat, safety gla **All classes are taught in English unless of the target target target to the target target to the target target to the target target to the target to target to the target to the target to the ta	Hazcom/Chemical Safety: Wed-Thur, 5:00pm-9:00pm891011891011151617180SHA 30: Tues-Thur, 5:00pm-10:00pm22232425OSHA 30 Continued: Mon-Wed, 5:0pm-10:00pm293012*"Requirements: Union Card, Hard Hat, safety glasses, and work boots.	Hazcom/Chemical Safety: Wed-Thur, 5:00pm Hazcom/Chemical Safety: Wed-Thur, 5:00pm Image: Comparison of the compar				

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

May 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
28	29	30	1	2	3	4			
5	6	7	8	9	10	11			
12	13	14	15	16	17	18			
19	20	21	22	23	24	25			
26	27	28	29	30	31	1			
			Union Card, Hard Hat, safety gl	asses and work boots					
			s are taught in English unless n						
			elled if the minimum attendance						

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

June 2024

		THECDAY				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3	4	5	6	7	8
		Rigging Qualification	(Written and Practical)	: Mon-Fri, 5:00pm-9:	00pm	
9	10	11	12	13	14	15
-						
		Pigging	g Qualification Continu	ed: Tues-Eri 5:00pm	9.00nm and Sat 8:00	0am-4:00nm
		Kigging				
16	17	18	19	20	21	22
		10	13	20	2.	
		PITO: Tues-wo	ed, 5:00pm-9:00pm	MEVVPS: Mur-	Fri, 5:00pm-9:00pm	
07	24		20	07		
23	24	25	26	27	28	29
			Jnion Card, Hard Hat, safety gl			
			are taught in English unless n			
		**Classes will be cancel	lled if the minimum attendance	ce requirement is not me	t.	
					t.	

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

July 2	2024				Skill Enhancement S	Schedule
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
			on Card, Hard Hat, safety gla			
			e taught in English unless no d if the minimum attendanc			

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

August 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
	Į	**Requirements:	Union Card, Hard Hat, safety g	alasses, and work boots	 	
			s are taught in English unless			
			elled if the minimum attenda		t.	

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

September 2024

			-			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
		S	caffold 40 Hours: Tues	-Fri, 5:00pm-9:00pm	and Sat, 8:00am-4:0)0pm
		Scaffold 4	0 Refresher:			
		Tues-Wed, 5	:00pm-9:00pm			
15	16	17	18	19	20	21
		So	affold 40 Continued:	Tues-Fri, 5:00pm-9:00	pm	
22	23	24	25	26	27	28
29	30	1	2	3	4	5
			on Card, Hard Hat, safety gla			
			e taught in English unless no			
		**Classes will be cancelled	d if the minimum attendanc	e requirement is not met.		

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

October 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
29	30	1	2	3	4	5		
		Solid Surface	e Installer: Mon-Fri, 5:(00pm-9:00pm				
6	7	8	9	10	11	12		
			First Aid, CPR, AED: Tues-Wed, 5:00pm-9:00pm					
13	14	15	16	17	18	19		
20	21	22	23	24	25	26		
27	28	29	30	31	1	2		
			on Card, Hard Hat, safety gla					
			e taught in English unless n					
	**Classes will be cancelled if the minimum attendance requirement is not met.							

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
27	28	29	30	31	1	2				
3	4	5	6	7	8	9				
10	11	12	13	14	15	16				
		Int	Interior Systems Layout: Tues-Fri, 5:00pm-9:00pm							
17	18	19	20	21	22	23				
		Hazcom/Ch	Hazcom/Chemical Safety:							
			:00pm-9:00pm							
24	25	26	27	28	29	30				
**Requirements: Union Card, Hard Hat, safety glasses, and work boots.										
**All classes are taught in English unless noted otherwise.										
	**Classes will be cancelled if the minimum attendance requirement is not met.									

5 Rivers, Cedar Rapids (5RIV) 319-365-9519

December 2024

SUNDAYMONDAYTUESDAYWEDNESDAYTHURSDAYFRIDAYSATURDAY123456711111111891011121314111213141115161718192021222324252627282930311234"Hequirements University Lessen and work boots.						1			
Image: state stat	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
Image: state in the state	1	2	3	4	5	6	7		
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Image: state in the state									
22 23 24 25 26 27 28 29 30 31 1 2 3 4 "*Requirements: Union Card, Hard Hat, safety glasses, and work boots.	8	9	10	11	12	13	14		
22 23 24 25 26 27 28 29 30 31 1 2 3 4 "*Requirements: Union Card, Hard Hat, safety glasses, and work boots.									
22 23 24 25 26 27 28 29 30 31 1 2 3 4 "*Requirements: Union Card, Hard Hat, safety glasses, and work boots.									
22 23 24 25 26 27 28 29 30 31 1 2 3 4 "*Requirements: Union Card, Hard Hat, safety glasses, and work boots.									
29 30 31 1 2 3 4 Image: Section of the section	15	16	17	18	19	20	21		
29 30 31 1 2 3 4 Image: Section of the section									
29 30 31 1 2 3 4 Image: Section of the section									
29 30 31 1 2 3 4 Image: Section of the section									
**Requirements: Union Card, Hard Hat, safety glasses, and work boots. **All classes are taught in English unless noted otherwise.	22	23	24	25	26	27	28		
**Requirements: Union Card, Hard Hat, safety glasses, and work boots. **All classes are taught in English unless noted otherwise.									
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**All classes are taught in English unless noted otherwise.	29	30	31	1	2	3	4		
**All classes are taught in English unless noted otherwise.									
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**All classes are taught in English unless noted otherwise.			**•						

5 Rivers Skill Enhancement Classes

Armstrong Wall and Ceiling System:

12-hour course. This class works with quick stick, soffit gigs, radius domes, drywall grid and suspended light cove framing.

Course offered: upon request

Blueprint Reading-Advanced:

8-hour course. A more in-depth look at prints, how to do advanced layout, possible intro to electronic print reading, and how to transfer information to shop floor.

<u>Prerequisite</u>: Some experience with blueprints

Expiration: None

Course offered: upon request

Blueprint Reading-Basic:

8-hour course. This class covers general procedures, basic skills, and the necessary tools and materials needed to lay out a building. The architectural lines and symbols shown on site plan prints which are necessary to facilitate layout are also discussed.

Prerequisite: None

Expiration: None

Course offered: upon request

Construction Fall Protection:

8-hour course. This Construction Fall Protection class addresses safety requirements when working from an elevated area and covers how to recognize and properly address hazards in our industry.

Prerequisite: None

Expiration: None

Course offered: upon request

Construction Master Pro:

8-hour class. The Construction Master Pro teaches the use of the calculator to solve practically any problem involving measurements and can be used to save time and prevent errors. During the class you will perform common building projects such as estimating concrete volume, squaring-up foundations, framing roofs, ordering lumber, and many other projects. Calculator and workbook are available for purchase.

Course offered: upon request

Construction Math/Radius:

8-hour course. This class covers radius math, how to layout radius without a center point. Also covers elliptical and octagon layout.

Prerequisite: Math for the Trades

Expiration: None

Course offered: upon request

Controlling Contaminates:

24-hour course. This local class will cover best practices when working in the Food, Beverage, Pharmaceutical production facilities. The focus being the control techniques & protocols to be used where customer production continues with construction happening onsite.

Course offered: upon request

Door Hardware 1:

24-hour course. The classroom will cover the order of installation, different types of hardware, as well NFPA and ANSI codes. On the floor you will layout, prep, and install cylinder and mortise locks. You will also install a rim exit device, trim, and closer.

Course offered: upon request

5 Rivers Skill Enhancement Classes

EPIC (formerly Pro 10)

10-hour course. Professionalism, communication, diversity, Union history, safety, and "Big Picture".

Course offered: upon request

First Aid, CPR, AED(ECSI (CITF)):

8-hour course. This class provides a First Aid/CPR/AED qualification.

Prerequisite: None

Expiration: 2 years

Course offered: 3/5-3/6, 10/8-10/9

Hazcom/Chemical Safety (CITF):

8-hour course. This class is a revision of the OSHA manual, Material Safety Data Sheets. The focus in this revision is broader: chemical hazards and safety precautions are thoroughly discussed along with hazard recognition and chemical hazard protection.

Prerequisite: None

Expiration: None

Course offered: 4/3-4/4, 11/19-11/20

ICRA Best Practice in Health Care Construction (CITF):

24-hour course. This class promotes the importance of infection control and outlines protection methods and safe work practices for those who perform construction work in these facilities.

Prerequisite: None

Expiration: 4 years

Course offered: 3/19-3/28

ICRA Best Practice in Health Care Construction Refresher: 8-hour course. This class refreshes/

reviews the 24-hour ICRA course.

<u>Prerequisite</u>: ICRA Best Practice in Health Care Construction

Expiration: 4 years

Course offered: upon request

Interior Systems Layout:

24-hour course. This workshop uses the newly developed Interior Systems Layout student manual. Training methods, shop set-up, student math worksheets and job sheets will be included. Layout of angles, octagons, segmental, elliptical arches using a tape measure, chalk box and a \$5.00 calculator. The layout methods learned can be applied to all areas of the carpentry trade.

Prerequisite: None

Expiration: None

Course offered: 10/1-10/3

Math for the Trades:

8-hour course. This class is a basic treatment of trade math beginning with general math, fractions, and decimals.

Prerequisite: None

Expiration: None

Course offered: upon request

5 Rivers Skill Enhancement Classes

MEWP's (CITF):

8-hour course. Formally known as aerial lift, covers safety issues and guidelines for mobile elevating work platforms that can be driven in an extended position and moves both inside and outside tipping lines. Class includes classroom theory, 50 question exam, and the required practical for Group A, Type 3 and Group B, Type 3. This class is the ANSI approved training for Mobile Elevated Work Platform operation.

Course offered: 6/20-6/21

OSHA 10:

10-hour course. This course covers a basic OSHA overview, rights and responsibilities of employer and employee- 29CFR1926

Prerequisite: None

Expiration: None

Course offered: upon request

OSHA 30 (CITF):

30-hour course. This course covers a more in-depth examination of OSHA standards, rights and responsibilities of employer and employee- 29CFR1926

Prerequisite: None

Expiration: None

Course offered: 4/16-4/24

PITO Industrial (CITF):

8-hour course. This class introduces many kinds of lift trucks—their components and applications. The text focuses on industrial lift trucks.

Course offered: upon request

PITO Refresher:

Minimum 1 hour per student. Members must be observed by a qualified instructor inspecting the work area, inspecting a forklift, and driving a forklift prior to expiring. This class refreshes either the Industrial, the Rough Terrain, or both.

Prerequisite: Current 8hr Industrial and/or 8hr Rough Terrain qualification

Course offered: upon request

PITO Rough Terrain (CITF):

8-hour course. This class introduces many kinds of lift trucks—their components and applications. The text focuses on rough terrain lift trucks.

Course offered: 6/18-6/19

Rigging Qualification (Written and Practical):

40-hour course. This class introduces and supports the hands-on portion of the Rigging and Signaling course. An introductory chapter on the history of rigging is followed by chapters on safety, wire rope, chain construction, slings, hardware, and knot-tying techniques.

Prerequisite: None

Course offered: 6/3-6/15

Rigging Refresher:

16-hour course. This class refreshes 40 hour Rigging Course

Prerequisite: Rigging 40 hr.

Expiration: 4 years

<u>Course offered</u>: upon request

5 Rivers Skill Enhancement Classes

Scaffold 40 (CITF):

40-hour course. This class provides clarification of the roles of a competent person and a qualified person and presents training requirements for erectors, dismantlers, and users. Information and guidance are given for calculating capacity and contributory leg loads.

Prerequisite: None

Expiration: 4 years

Course offered: 2/20-3/1, 9/10-9/20

Scaffold 40 Refresher:

8-hour course. This class refreshes/reviews scaffold 40-hour class

Prerequisite: Scaffold 40

Expiration: 4 years

Course offered: 9/10-9/11

Silica Awareness:

2 hours course. This class covers understanding the hazards of silica, with an overview of OSHA Construction silica final rule.

Course offered: upon request

Solid Surface (CITF):

12-hour course. The Solid Surfaces class provides in-depth instruction in the technical aspects of working with solid surface material. The course covers epoxy, joining solid surfaces and proper surface finishing.

<u>Prerequisite</u>: Minimum 3rd year apprentice

Expiration: 4 years

Course offered: 10/1-10/3

Spectra Precision QML-800:

8-hour course. Digital blueprint reading and layout procedures.

Course offered: upon request

Stepping Up to Foreman:

8-hour course. This class allows participants to learn about the responsibilities of UBC Foreman. The skills required of foremen, such as communication, job planning, scheduling, completing reports, and managing a crew are all discussed.

Prerequisite: None

Expiration: None

Course offered: upon request

Total Station:

20-hour course. Covers a combination of Total Station I and II. It will begin with a review of the fundamental workings of the total station and how building quadrants are established. The second day will cover the capabilities and functions of the total station layout equipment.

Course offered: 2/5-2/9